

## ABSTRACT OF THE DISCLOSURE

The invention provides antiandrogenic compositions and methods of use. The general methods deliver an antiandrogen to a host determined to be in need thereof by contacting the host with an effective amount of an antiandrogenic, optionally substituted 3,3'-diindolylmethane (DIM); and detecting a resultant antiandrogenic response in the host. The method may further  
5 comprise, prior to the contacting step, determining that the host is in need of the antiandrogen.